

Coaches,

As we are approaching the championship time of our season, we wanted to remind you of the NTN Northwest Regional Championships being held on Nov. 10 at Eagle Island.

Early registration deadline is Oct. 29. Entry fee is only \$18 per athlete when registering as a team and each registered athlete will receive a gift from Nike.

We are excited to announce that Idaho teams will not only be competing for awards presented to the overall teams, but will also be running for the "Got Milk" award presented by the United Dairymen of Idaho. A custom trophy will be awarded to the top finishing Idaho team in each division, giving you one more chance for bragging rights!

Please remember, this is a meet for you entire team and a chance for all of your kids to experience a major championship atmosphere and compete for regional recognition, not just your top 7.

Our awards banquet is filling quickly, so please register your team for this post-race event as soon as possible if you are planning to attend and listen to Adam and Kara Goucher speak. Cost is \$15 per registered athlete and \$21 for family and coaches. Dinner will be in the Boise Center on the Grove and will include a highlight video of the meet, awards presentations and a talk by Adam and Kara Goucher.

If your team will be spending one or more nights in Boise, please consider booking with one of the meet hotels, Double Tree Riverside and Hampton Inn Downtown, which both offer free breakfast with your rooms. Double Tree Riverside will be the location of our Friday night ice cream social/t-shirt swap and coaches technical meeting.

For more info and to register for the meet and/or dinner, please visit www.NikeTeamNationals.com then Northwest Region

